# smartCARE •

#### **Empowering Cancer Survivors in Europe**

**smartCARE** is a flagship initiative in Europe's Beating Cancer Plan, under the EU4Health Programme 2021-2027.

The project is developing a cancer survivor smart card – in the form of a mobile app – to improve the health and wellbeing of cancer survivors throughout Europe.

### **Core impacts**



Patient and caregiver needs, perspectives, and individual experiences



Opportunities for patients to self-manage their care



Enhancement of patient-clinician-nursing relationships



The smartCARE project has the power to transform cancer care delivery and improve patient outcomes like never before. By leveraging digital technologies and innovation, we can create a patient-centred, integrated, and sustainable survivorship ecosystem that meets the needs of European patients and their families.

Csaba Dégi, President-Elect of the European Cancer Organisation and Co-Chair of the smartCARE Steering Committee

**smartCARE** is a united effort to help countries in Europe meet the challenge of cancer survivorship and to support former patients moving on with their lives.

The **smartCARE** project focuses on survivors and caregivers through fact-finding workshops and the input of the European Cancer Organisation's Patient Advisory Committee.

## The app is designed to have four main modules:

- 1. **Storing of health data** (i.e. tracking of medical events, symptoms & medications) to be used in consultations with physicians and across borders.
- Telehealth to allow long-distance communication between users and healthcare professionals.
- Personalised resource library that suggests validated resources to users (i.e. news, podcasts, videos, guidelines) based on their preferences and behaviour.
- 4. **Community** interaction to share experiences and find support.







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