



PROFILE

ANDREA MASTRIA

Adjunct Professor and Clinical Nurse
University Hospital of Padova, Italy
SIOPE Nursing Working Group member since 2021



WORK AND FOCUS

Andrea Mastria is a clinical practice nurse in the Department of Pediatric Oncohematology and Bone Marrow Transplantation at the University Hospital of Padova.



“Throughout my work in the department, my primary focus is on delivering high-quality care while providing reassurance and a sense of safety to my patients and their families, especially during challenging and clinically unstable periods.”



WORK AND FOCUS

In addition to his strong interest in the placement of ultrasound-guided vascular accesses, Mastria is a passionate advocate for the integration of pediatric palliative care within paediatric oncohematology.

“I firmly believe that early integration of palliative care in the treatment process can significantly improve the quality of life for both patients and their families, addressing not only the clinical aspects but also the emotional and psychological challenges that come with the illness.”



RESEARCH & INNOVATION

“Research is an integral part of the nursing profession. It is essential for nurses to be increasingly involved in every aspect of scientific activity, and, more importantly, their active contribution is crucial.”



Mastria received his master's degree in Pain management and Paediatric Palliative Care in 2018 and a GAVeCeLT certification as a PICC/MIDLINE ultrasound-guided venous access expert in 2019.

In his capacity as a PhD student in Nursing Science and Public Health at the University of Tor Vergata, he is involved in research activities focusing on quality of care in advanced stage cancer. He is dedicated to international cooperation projects in developing countries.



SIOPE INVOLVEMENT

Mastria's work within SIOPE stems from his active involvement in the Italian Association of Pediatric Hematology and Oncology (AIEOP), operating in close collaboration with SIOPE. He is a member of the Nursing Working Group within both organisations



“One of the Nursing Working Group's goal is to create a structured network of nurses in Europe capable of generating support, comparison and knowledge... I firmly believe that confrontation is the highest form of growth and learning, which is why with extreme interest I am involved in projects to develop skills inherent in pediatric oncohematology even with low- and middle-income countries.”



WHAT DRIVES HIM



“I am of the opinion that nurses play a fundamental role and are crucial in clinical care pathways. My ongoing commitment to professional activity and research, along with that of many of my colleagues, seeks to highlight and affirm the significance and professionalism of the nursing profession.”





Advances in paediatric oncology are only possible thanks to dedicated professionals like Andrea Mastria. Through his research and commitment, he brings hope to children and adolescents facing cancer. This World Health Worker Week, we celebrate his efforts and thank all those working to improve young lives.